

Adapted Physical Education

History and philosophy of Adapted Physical Activity; Types of disability and their causes. Classification of disability. Policies on sports and disability; Celebrating Differences; Teamwork, communication and creativity; social competence and attitude change; Acquisition of motor activities by individuals with disability. Adaptation to the needs of disabled individuals. Sensor motor learning and severe disability; assessment of disability, aging process and gerontology. Mainstreaming for normal and special participation. Sports for community development. Sports for the marginalized groups. Sports for rehabilitation. Rights of the disabled; International organizations for the disabled in sports; Kenya's participation in Paralympics and Special Olympics.