

## **A. COURSES OFFERED**

1. Bachelor of Education Arts (Physical Education and Sport Option) can be combined with one teaching subject.
2. Bachelor of Education Science (Physical Education and Sport Option) can combine with one teaching subject.
3. M.Ed (Physical Education and Sport)
3. The Department is in the process of developing the following Degree programmes.
  - BSc (Sports Management and Coaching).
  - BSc (Leisure and Recreation Management)
  - BSc (Human Movement and Sports Performance).



Students of P.E at point Lenana in Mt Kenya during Outdoor pursuit programme

## **B. CARRER PATHS**

Graduates of Physical Education and Sports can find employment in any of the following

areas:-

- Elite Athletes Performance evaluators.
- Teaching in private and public secondary schools
- Physical Education lecturers in Teacher Training Colleges and Universities
- Managers of resort centers
- Sport coaches and trainers
- Sport journalists and marketers
- Sports psychologists, physiotherapists, occupational therapists etc.
- Team leadership in mountaineering and orienteering
- Team building and human resource management
- Sports consultancy e.g. sports nutrition, physiotherapy, masseurs, fitness instructors etc.
- Event and Sports Facility Managers.
- Sport Researchers and Practitioners.

## **C. Location**

The Department is located at the College of Education and External Studies (Kikuyu Campus).



Students of P.E at Bomas of Kenya cultural village for experiential learning

## **D. Objectives:**

- To equip learners with skills to plan and manage leisure, recreation and sports activities.
- To equip learners with skills of scholarship and research in the area of Physical Education and Sport.
- To equip learners with skills for recreation and leisure activities at different levels of human development.
- To equip learners with skills to teach Physical Education and Sports.
- To provide base for further study and research in Physical Education, Health, Recreation, Dance and Sport.
- To equip learners with skills to organize and administer sports program at different levels.



Students of P.E on a team building Activity

## 15.0 FEE STRUCTURE

TUTION FEE	7,200	PER UNIT
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### BREAK DOWN

Year Of Study	Sem	No Of Units	Amount	Other Charges	Total
FIRST	1	8	57,600	24,500	82,100
	2	8	57,600	-	57,600
SECOND	1	7	50,400	19,500	69,900
	2	6	43,200	-	43,200
THIRD	1	8	57,600	19,500	77,100
	2	7	50,400	15,000	65,400
FOURTH	1	6	43,200	19,500	62,700
	2	5	36,000	-	36,000
TOTAL					494,000



Students of P.E doing Rock climbing in mount Kenya

For further information please contact us by:

➤ Visitation to the P.E. and Sports Department or talk to the Chairman on 0722 790962

Or other Lecturers on

- 0710207498
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UNIVERSITY OF NAIROBI

COLLEGE OF EDUCATION AND  
EXTERNAL STUDIES

DEPARTMENT OF PHYSICAL  
EDUCATION & SPORT