

Pre-Primary and Primary School Physical Education.

Physical, Psychological and cognitive role of play to children. Theories of play. Physical activities offered in pre-primary and primary levels of education. The role of Physical Activities in ECD. Role modelling. Healthy lifestyle behaviours'. Methods of Instruction in Physical Activities to children. Teacher's awareness of the needs of pre-scholars. Physical Education. Talent Identification and nurturing. Assessment of special needs in children.