

COURSE STRUCTURE AND DURATION

The Masters of Education degree in physical education will be offered full time, part-time and through Open, Distance and e-Learning (ODEL).

The degree programme has two options:

1. OPTION 1: Coursework, Examination and Research Project.
2. OPTION 2: Coursework, Examination and Thesis

5.1 Full Time

OPTION 1: Coursework, Examination and Research Project

5.1.1 Structure and Duration

- a) The programme shall be covered in a minimum of four semesters and a maximum of 10 semesters.
- b) Each semester will be 15 weeks and there will be 2 semesters in a calendar year.
- c) The Total number of course units to be taken shall be 14 of which 5 will be core and 4 electives.
- d) Each course unit shall have forty five (45) contact hours and shall be covered within a semester.
- e) After the completion of the 14 course units, the student will be expected to complete a research project.
- f) The project is equivalent to 4 course units.

OPTION 2: Coursework, Examination and Thesis option

5.1.2 Structure and Duration

- a) The programme shall be covered in a minimum of four (4) semesters and a maximum of ten (10) semesters.
- b) Each semester will be 15 weeks and there will be 2 semesters in a calendar year.
- c) The total number of courses to be taken shall be 10 course units.
- d) Each course units shall have forty five (45) contact hours and shall be covered within a semester.
- e) After completion of all the 10 course units, the student will be expected to complete a thesis.
- f) The Thesis is equivalent to 8 course units.

5.2 Part time

- a) The program shall consist of coursework, examination and either project or thesis.
- b) It shall cover a minimum of 4 semesters and a maximum of 12 semesters and each semester shall be 15 weeks.
- c) Part-time students shall be required to take a minimum of two (2) and a maximum of four (4) course units in one semester.

5.3 Open, Distance and e-Learning

- a) The Open, Distance, and e-Learning programme will be run for a minimum of 4 Semesters of 15 weeks each and a maximum of 8 semesters of 17 weeks each. The minimum calendar years for completion of the programme shall be 2 years and a maximum of 4 years. The Minimum course load per semesters will be 2 course units and a maximum of 4 course units.
- b) The mode of delivery will be through open and distance learning modes involving largely home and /or office-based media and shall consist of:
 - a. Written self-instruction study modules issues at registration time
 - i. Study course materials like booklets
 - ii. Relevant literature
 - iii. Interactive devices and self-tests
 - b. Face to face introductory tutorials.
 - c. Mediated technical , learning material such as:
 - i. Audio-visual
 - ii. E-learning material
 - d. Limited face-to-face session to provide overview of the course at the commencement of semester, mid-semester, and revision period before examinations.
 - e. Support study centres at the University of Nairobi
 - i. Access to information through computers at the University of Nairobi and other resource centres.
 - ii. Use of libraries at the University of Nairobi and other institutions.
 - f. Orientation immediately after registration:
 - i. Orientation in ODEL delivery
 - ii. Study, reading and computer skills
 - iii. Time management and techniques for handling assignments
 - iv. Mentorship, guidance and counselling
 - v. Emphasis is on satellite centres that serve as a link between the University and students in the following manner: registration, collecting reading materials, collecting results and programmes, examination information, posting time table and holding meetings.