

MANAGEMENT OF SPORTS INJURIES

Overview of sport injuries management. Medico legal issues. Introduction to injuries, aetiology. Prognosis. Types. Acute and chronic. Treatment. care and management. Safety precautions in training, competitions and post; General principles and research findings; soft tissue manipulation. Age, gender and injuries; Extreme sports and Extreme athlete; Competitions. Rehabilitation. Legal implications and duty of care. Prevention. Paediatric sport injuries. Extreme sports and sport specific injuries. Role of physiotherapy. Future of sports trauma. legal aspects and management of injuries.